CLINICAL PRACTICE GUIDELINES 2022

DIGNITY HEALTH PLAN adopts Clinical Practice Guidelines for the purpose of improving health care and reducing unnecessary variations in care.

The guidelines are evidence-based, sourced from recognized organizations, approved by the Dignity Health Plan Quality Improvement Committee, disseminated to Dignity Health Plan healthcare providers, reviewed annually, and updated as needed.

The Clinical Practice Guidelines in this document are considered essential to healthcare for the member population we serve. In addition to the below resources the AMDA Clinical Practice Guidelines are referenced via an e-resource subscription (list referenced below).

Asthma	https://www.nhlbi.nih.gov/sites/default/files/media/docs/NAEPPCC%20Guidelines%20Update%20Summary_May2020.pdf **OR** **https://ginasthma.org/wp-content/uploads/2021/05/GINA-Pocket-Guide-2021-V2-WMS.pdf**
Breast Cancer Screening	https://www.cdc.gov/cancer/breast/pdf/breast-cancer-screening-guidelines-508.pdf **OR** **https://www.cancer.org/healthy/find-cancer-early/american-cancer-society-guidelines-for-the-early-detection-of-cancer.html**
Cholesterol Management for Adults	**https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000677** **OR** **https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.06.011**
Chronic Obstructive Pulmonary Disease (COPD)	https://goldcopd.org/wp-content/uploads/2020/11/GOLD-REPORT-2021-v1.1-25Nov20_WMV.pdf
Colorectal Cancer Screening	https://www.cancer.org/cancer/colon-rectal-cancer/detection-diagnosis-staging/acs-recommendations.html **OR** **https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/colorectal-cancer-screening**
Congestive Heart Failure	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2020.11.022
Diabetes	**https://diabetesjournals.org/clinical/article/39/1/14/32040/Standards-of-Medical-Care-in-Diabetes-2021** **OR** **https://professional.diabetes.org/content-page/practice-guidelines-resources**
Falls Prevention	**https://www.cdc.gov/steadi/materials.html** **OR** **https://www.cdc.gov/falls/index.html**
Glaucoma	**http://www.icoph.org/downloads/ICOGlaucomaGuidelines.pdf**

Hypertension	https://apps.who.int/iris/bitstream/handle/10665/344424/9789240033986-eng.pdf **OR** **https://jamanetwork.com/journals/jama/fullarticle/2779191**
Immunizations	https://www.cdc.gov/vaccines/schedules/hcp/adult.html
Obesity	**https://www.cmaj.ca/content/192/31/E875** **OR** **https://onlinelibrary.wiley.com/doi/full/10.1111/obr.12889**
Osteoporosis	https://www.sciencedirect.com/science/article/pii/S1530891X20428277 **OR** http://www.menopause.org/docs/default-source/professional/2021-osteoporosis-position-statement.pdf
Smoking and Tobacco Cessation	**https://www.cdc.gov/tobacco/data_statistics/sgr/2020-smoking-cessation/fact-sheets/healthcare-professionals-health-systems/index.html**
Urinary Incontinence	https://www.uptodate.com/contents/treatment-of-urinary-incontinence-in-females **OR** https://www.augs.org/clinical-practice/guidelines/
Nutrition for Elderly in LTC	https://www.cms.gov/regulations-and-guidance/guidance/transmittals/downloads/r36soma.pdf **OR** https://www.eatrightpro.org/-/media/eatrightpro-files/practice/position-and-practice-papers/position-papers/individualizednutritionapproachesforolderadults.pdf?la=en&hash=2F38FDB728F4CAD73BED1CB94908893D948B25ED **OR** https://www.pioneernetwork.net/wp-content/uploads/2016/10/The-New-Dining-Practice-Standards.pdf

E-Resources Subscription (valid thru 12/31/2022)

All e-resources are available in FlipHTML5 format, and are viewable from your PC, tablet and smartphone through your AMDA account. Most are not downloadable or printable.

ASSISTED LIVING SERIES

Medication Management Part I: Manual - Operations Level	Medication Management Part II: Manual for Caregivers

CLINICAL PRACTICE GUIDELINES (CPGs)

Acute Change of Condition	Health Maintenance
Altered Nutritional Status	Heart Failure
Anemia	Osteoporosis and Fracture Prevention
COPD Management CPG	Pain Management (2021)
Dehydration and Fluid Maintenance	Parkinson's Disease
Dementia	Pressure Ulcers & Other Wounds
Depression	Sleep Disorders
Diabetes Management CPG	Stroke Management and Prevention
Falls and Fall Risk	Transitions of Care
Gastrointestinal Disorders	Urinary Incontinence

CLINICAL PRACTICE GUIDELINE (CPG) Pocket Guides

3Ds: Delirium, Dementia and Depression Pocket Guide (2019)	Pain Management Pocket Guide
COPD Pocket Guide	Parkinson's Disease & Psychosis in the PALTC Setting Pocket Guide (2021)
Diabetes Management Pocket Guide	Pressure Ulcers & Other Wounds Pocket Guide
Heart Failure in LTC Setting Pocket Guide	Urinary Tract Infections Pocket Guide (2020)

CLINICAL PRACTICE GUIDELINE (CPG) IMPLEMENTATION SERIES

Heart Failure Manual	
Pain Management Manual	

TRANSITION OF CARE MANAGEMENT

Know-it-All Before You Call in the PALTC & Assisted Living Settings - Data Collection Cards (Nurses)	Know-it-All When You're Called Diagnosing System (Practitioners)

LONG TERM CARE (LTC) INFORMATION SERIES

Anemia	Oral Health in the Long-Term Care Setting
Antithrombotic Therapy in LTC Setting	Palliative Care
Atrial Fibrillation	Seizures
Clinical Collaboration in the PA/LTC Setting	UTI Toolkit (2019)
Constipation and Diarrhea	The Younger Adult in the Long-Term Care Setting
Immunizations	

PRACTICE MANAEMENT TOOLS

Advance Care Planning (ACP) Series	
AMDA Model Medical Director Agreement and Supplemental Materials (2019)	Starting & Maintaining a LTC Ethics Committee
	Synopsis of Federal Regulations
Guide to PA/LTC Coding, Reimbursement and Documentation	Tool Kit for Managing Attending Physicians in PA and LTC
Recommendations for Completing Death Certificates	

TEACHING SLIDES

COPD for CNAs (2019)	Pain Management for CNAs (2019)
COPD for IDT (2019)	Pain Management for Nurses (2019)
Diabetes Management	Pain Management for Practitioners (2019)
Heart Failure	Pressure Ulcers (Version for Nurses)
	Pressure Ulcers (Version for CNAs)

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New Resources Coming in 2022!

- The 3Ds (Delirium, Dementia, and Depression) CPG
- The 3Ds Teaching Slides

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